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# THE CUTTING EDGE – REVIEW ARTICLE Dental MRI—only a future vision or standard of care? A literature review on current indications and applications of MRI in dentistry

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MRI is increasingly used as a diagnostic tool for visualising the dentoalveolar complex. A comprehensive review of the current indications and applications of MRI in the dental specialities of orthodontics (I), endodontics (II), prosthodontics (III), periodontics (IV), and oral surgery (V), pediatric dentistry (VI), operative dentistry is still missing and is therefore provided by the present work.

The current literature on dental MRI shows that it is used for cephalometry in orthodontics and dentofacial orthopaedics, detection of dental pulp inflammation, characterisation of periapical and marginal periodontal pathologies of teeth, caries detection, and identification of the inferior alveolar nerve, impacted teeth and dentofacial anatomy for dental implant planning, respectively. Specific protocols regarding the miniature anatomy of the dentofacial complex, the presence of hard tissues, and foreign body restorations are used along with dedicated coils for the improved image quality of the facial skull.

Dental MRI poses a clinically useful radiation-free imaging tool for visualising the dentoalveolar complex across dental specialities when respecting the indications and limitations. *Dentomaxillofacial Radiology* (2023) **52**, 20220333. doi: 10.1259/dmfr.20220333

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# Background

The complex anatomy of the dentomaxillofacial region challenges existing imaging techniques as it consists of a conglomerate of various hard and soft tissues and air- and fluid-filled cavities. Anatomical structures of primary relevance in dentistry include the maxilla, the mandible with the intraosseous course of the inferior alveolar nerve, the teeth, its root canals, the periodontal apparatus, the paranasal sinuses, as well as the nasal and the oral cavities. Metallic, ceramic, and composite foreign materials represent typical structures associated with oral restorations that place particular demands on imaging. X-ray-based techniques like panoramic radiography or cone-beam computed tomography (CBCT) are currently the imaging standard. However, MRI is increasingly used not only for head and neck imaging but also for the dentoalveolar complex.<sup>1,2</sup>

Previously, MRI was used in the head and neck region predominantly for the temporomandibular joint, salivary glands and soft tissue pathologies. The

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advantages of MRI, especially when compared to radiography, are the application of non-ionising radiation and the differentiation of soft tissues. Using specific MRI protocols, bone is displayed for surgical planning in children with craniofacial disorders or patients with bone transplantation in the maxilla and mandible.<sup>3,4</sup> The non-ionising character allows for longitudinal and repeated examinations and imaging in children and young adults who are particularly vulnerable to cumulative risks of ionising radiation.<sup>5–12</sup> Contraindications for MRI must be regarded, especially with high field strengths; however, dental materials and orthodontic braces are not primarily a contraindication concerning MR safety but a source of artefacts that deteriorate image quality.<sup>13,14</sup>

Dental practitioners are not provided with information on which indication MRI proves beneficial and have limited access to facilities located in clinics and imaging centres. Nevertheless, efforts have been made to establish MRI in dentistry by introducing specified sequences and equipment for dental imaging with reduced acquisition time and lower costs. The term dental MRI has been adopted; however, it does not refer to a specific imaging sequence or dedicated coil. Dental MRI is a collective term for the aim to focus on specific indications relevant to dentistry by using either standard or adapted imaging protocols as well as standard and dedicated coils for the dentomaxillofacial region. The used MRI systems include various magnetic field strengths. So far, there is no MRI system for the imaging solely of the dentomaxillofacial region. Previous literature review addressed technical specifications and intra- and extraoral coils forMR dental imaging, neurography of the trigemenial nerve and MR imaging of the temporomandibular joint.15-18

To date, comprehensive knowledge of specifications and image analysis for the dentoalveolar region is missing. The present review aims to comprise information on indicationsfor MRI in the dental specialities of orthodontics (I), endodontics (II), prosthodontics (III), periodontics (IV), and oral surgery (V), paediatric dentistry (VI), operative dentistry.

The current literature on the application of MRI for the dentofacial complex was regarded with a focus on clinical studies and case reports. A systematic search was performed with the focused question "When is MRI used for diagnosis in dental specialties?" on PubMed MEDLINE and Google Scholar databases using MeSH terms and keywords relevant to the focused question. A publication time frame between 2010 and 2022 was selected. An additional hand search was performed in the following journals: *Dentomaxillofacial Radiology, European Radiology, Journal of Craniomaxillofacial Surgery, Oral Surgery, Oral Medicine, Oral Pathology, and Oral Radiology.* 

This narrative review should provide the reader with comprehensive information on the advantages and limitations of MRI in dentistry.

# Orthodontics and dentofacial orthopedics

MRI was reported for cephalometry by various authors.<sup>19–27</sup> The requirements are a large acquisition volume to include all relevant landmarks of the skull, the teeth, and the soft tissue profile and a short acquisition time, as the respective patient group might not tolerate long acquisition times. Dental restorations causing image artefacts are not frequent in the young age group; however, orthodontic appliances might be present. Steel (orthodontic) appliances cause artefacts that deteriorate image quality and may be considered a contraindication for MRI.<sup>28,29</sup> The use of contrast agents to show the vascularisation of tissues is redundant in this indication. Figure 1 shows MRI in comparison to CBCT data for the assessment of anatomical landmarks for cephalometry. Table 1 gives an overview of studies on MRI for treatment planning in orthodontics and dentofacial orthopaedics.

# Endodontics and paediatric dentistry

Recent studies on MRI in endodontic indications reached high image resolutions of around 0.7 mm<sup>330-32</sup> (Table 2). The vascularisation of the dental pulp and differentiation between a healthy and inflamed pulp were displayed without contrast agents.<sup>30,31</sup> However, signal enhancement in the dental pulp using contrast agents was discussed as a potentially valuable diagnostic tool and used more recently as a measurement for the healthy and inflamed pulp by Juerchott et al.<sup>33</sup> Hyperperfusion of the pulp correlated with a high signal, and T2-values related to a presumed inflammation adjacent to caries were mapped using incremental echo times.<sup>31</sup> The degree of perfusion of the dental pulp correlated with the signal in MRI, and terminated perfusion and pulp necrosis show no signal.<sup>30,1,34</sup>

MRI may detect periapical inflammation at early stages due to oedema and subsequent signal enhancement, even without demineralisation or bone resorption.<sup>34</sup> In the case of periapical granulomas or cysts, a signal hyperintensity appears in MRI, contrary to radiolucency in CBCT.<sup>35</sup> Several image characteristics in MRI, including signal intensity, signal homogeneity, margins, low-intensity outline, and contrast distribution pattern, were established on the existing data to differentiate between cysts and granuloma.<sup>36</sup> The comparison of MRI and CBCT implies an overestimation of lesions in MRI.<sup>37</sup> MRI detects regions with oedema that are not visible in CBCT; therefore, MRI's more accurate representation is hypothesised.<sup>38-40</sup> The referenced studies mostly did not use contrast agents to display periapical lesions.<sup>35,37,38,40</sup>Juerchott et al applied a contrast agent and assessed no predictable characterisation with noncontrast agent T1-sequences, whereas contrast-enhanced T1- and T2-sequences vielded differentiation of peripheral and central parts of each lesion.<sup>39</sup> Figure 1 presents



Figure 1 MRI of different indications in endodontics. (a) Horizontal fracture of tooth 21 with loss of MR signal in the necrotic pulp. (a) Apical tumor of tooth 33 with calcified central aspect and surrounding osteolysis. (c) Apical granuloma of tooth 16, accompanied by hyperplasia of the basal sinus membrane.

three different indications for MRI in endodontics with a tooth fracture and pulp necrosis, an apical tumor in region 43 and an apical granuloma and sinus membrane swelling in region 16. Table 3 gives an overview of MRI studies on the periapical region.

# **Prosthodontics: caries detection**

Caries is delineated MRI with a hyperintense signal due to its porous character and the infiltration of liquid.<sup>41</sup> Due to the lack of a gold-standard for measuring caries lesions, the congruence of its presentation in MRI and its actual size has not been studied. One study addressed the use of MRI for caries diagnosis (Table 4).

#### Periodontics

Four clinical studies used MRI and contrast agents to display marginal periodontal structures (Table 5).<sup>42-45</sup> Ruetters et al measured the marginal attachment in MRI and periapical radiographs using a contrast agent. Juerchott et al reported molar teeth' bone support and

furcation involvement in CBCT and MRI.<sup>41,42</sup> A clinical study using a dedicated surface coil for dental imaging assessed palatal mucosa thickness at several teeth using MRI.<sup>44</sup> Probst et al investigated the correlation between bone oedema depicted in MRI images and clinical findings in patients with generalised periodontitis.<sup>45</sup>

#### **Oral surgery**

MRI has been proposed for several indications in oral surgery. Existing studies recommended MRI to show impacted teeth (Table 6). Out of five studies, only one study compared MRI to panoramic imaging.<sup>48</sup> None of the studies included CBCT compared to MRI.<sup>46-48</sup> The largest group comprised 59 patients, in which impacted teeth were displayed within 5 min using surface coils.<sup>47</sup> None of the studies reported isotropic image resolution. For the detailed assessment of the status of the eruption of impacted teeth, a high in-plane resolution of 0.3 mm with a greater slice thickness (2 mm) was recommended over an in-plane resolution of 0.6 mm with a slice thickness of 1 mm.<sup>49</sup> A slice thickness of 4 mm did not allow

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Authors	Study designlsubjects	<b>Research</b> question		Findings
Eley et al. 2013 <sup>19</sup>	8 patients	Comparison of cephalometric measurements on MRI and LCR; ease of landmark identification	•	Exclusion of patients with fixed orthodontic appliances Landmark identification not possible in $T_2$ weighted imaging sequences Comparable identifiability of landmarks in MRI and LCR Difficulty of landmark definition on anterior teeth in MRI
Heil et al. 2017 <sup>20</sup>	20 participants, 13.95 ± 5.34 y (8-26)	Comparison of cephalometric measurements in MRI and LCR	•	High intraobserver ICC for MRI and LCR; Excellent interobserver ICC for MRI and LCR; High agreement between LCR and MRI: bias range (mean $\pm$ SD) -0.66 to 0.61 mm (0.06 $\pm$ 0.44) for linear and -1.33 to 1.14° (0.06 $\pm$ 0.71) for angular measurements High compliance of patients and no relevant motion artefacts
Juerchott, Freudelsperger, Zingler et al. 2019 <sup>21</sup>	16 participants $(23.3 \pm 7.5 \text{ y})$	Reliability of landmark identification in MRI	•	No relevant motion or metal artefacts Excellent intra- and interrater reliability ICC for MRI
Juerchott, Saleem, Hilgenfeld et al. 2018 <sup>22</sup>	Three volunteers	Accuracy and reproducibility of cephalometric measurements on MRI	•	Highly reproducible cephalometric analysis for five different head positions for each volunteer (average ranges: 0.88°/0.87 mm)
Juerchott, Freudelsperger, Weber et al. 2019 <sup>23</sup>	12 participants (26±6.6 y)	Comparison of cephalometric measurements in MRI and CBCT	•	Excellent intra- and interobserver ICC for MRI High agreement between CBCT and MRI for angular and linear measurements: bias values (95% levels of agreement) of 0.03° (- 1.49; 1.54) for angles and 0.02 mm (- 1.44; 1.47) for distances
Maspero et al. 2019 <sup>24</sup>	18 participants (37.8±10.2 y)	Comparison of cephalometric measurements in MRI and CBCT	•	High intraobserver and interobserver ICC for CBCT Lower intraobserver and interobserver ICC for MRI; Measurements in MRI and CBCT not significantly different: bias range (mean $\pm$ SD) was $-0.25$ to 0.66 mm (0.174 $\pm$ 0.31) for linear and $-0.41$ to 0.54° (0.12 $\pm$ 0.33) for angular measurements
Jency et al. 2019 <sup>25</sup>	11 participants (18–30 y)	Comparison of cephalometric measurements in MRI and LCR	•	Landmark identification difficult on $T_2$ weighted MRI MRI and LCR comparable for placement of cephalometric hard and soft tissue landmarks
Grandoch et al. 2019 <sup>26</sup>	12 participants (44±16.2 y)	Identification of anatomical landmarks in MRI and CBCT	•	Exclusion of patients with dental restorations or fixed orthodontic appliances; MRI inferior to CBCT for cephalometric and orthodontic reference points; $T_1$ weighted MRI superior to $T_2$ weighted MRI for landmark detection
Kupka et al. 2022 <sup>27</sup>	10 participants 13 y (2-16)	Accuracy of cephalometric measurements in black bone MRI	•	excellent interreader agreement (ICC>0.99), comparable to reported ICC for CBCT

Table 1	MRI for treatment	planning in	orthodontics an	d dentofacial o	rthopaedics.	Technical i	nformation i	s given in S	upplementary	Table 1
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CBCT, cone-beam CT; ICC, intraclass correlation coefficient; LCR, lateral cephalometric radiography.

adequate assessment of the status of the eruption of third molars.<sup>50</sup> In a small number of patients, imaging was not successful due to orthodontic braces and movement artefacts. None of the studies used contrast agents to delineate impacted teeth with MRI.

# Depiction of the inferior alveolar nerve

Present studies used various protocols to differentiate the inferior alveolar nerve from surrounding tissues, assess the accuracy of its representation, and evaluate the occurrence of imaging artefacts due to dental restorations or implants.<sup>51–56</sup> Image acquisition times were between 4 and 6:30 min, and image resolution was higher than 1 mm<sup>3</sup>. Limiting the field of view achieved an isotropic image resolution of  $0.5 \text{ mm}^{3.52}$ 

Most studies applied standard head- and neck coils to image the complete mandible and the inferior alveolar nerve on both sides and did not use contrast agents (Table 7). Figure 2 shows a sagittal view of the mandible with the inferior alveolar nerve and Rami dentales.

# Implant planning

One case series and one pilot study reported softwarebased dental implant planning and fully guided implant placement using drill guides,<sup>58,59</sup> and another study reported partially guided MRI based implant surgery.<sup>60</sup>

Authors	Study designlsubjects	<b>Research</b> question	Findings
Assaf et al. 2015 <sup>30</sup>	Seven participant (8–17 y), 12 teeth	Visualisation and measurement of revitalisation of the dental pulp after dental trauma using MRI; comparison of signal intensity of trauma affected and non- affected teeth	<ul> <li>Reperfusion of pulp after dental trauma was diagnosed earlier with MRI compared to clinical examination</li> <li>Reperfusion occurred in majority of teeth that showed no clinical sign of vitality at 6 weeks,</li> <li>Normal pulp signal at 3 months correlated with clinical signs of vitality</li> <li>Pulp visibility was best with <i>T</i>1W and <i>T</i>1W fat-saturated sequences</li> </ul>
Cankar et al. 2020 <sup>31</sup>	12 participants (34.4 + -7.3 y), 72 teeth	Quantification of dental pulp signal in teeth with caries; correlation betweer signal and extent of caries lesion	<ul> <li>T2-maps with signal intensity of the dental pulp at different echo times were an indicator for inflammation</li> <li>Intact and affected dental pulps showed different T2 values; the extent of a caries lesion correlated to the intensity of the pulp signal</li> </ul>
Juerchott et al. 2021 <sup>33</sup>	70 participants (three cohorts: 27.5 ± 3.1, 42.2 ± 11.6, 44.1 ± 14.6 y), 1585 teeth	Investigation of PCE patterns in dMRI in healthy teeth	<ul> <li>No significant differences in PCE comparing age, sex and jaw type</li> <li>Minor but significant differences between tooth types</li> <li>PCE is a stable intraindividual marker for healthy and diseased pulp</li> </ul>
Tesfai et al. 2022 <sup>32</sup>	Five participants	Comparison of intraoral coil with conventional head and surface coils and CBCT in terms of SNR and visibility	<ul> <li>Acceptable scan time (5–7 min)</li> <li>Spatial resolution with intraoral coil comparable to CBCT</li> <li>Improvement of SNR <i>in vivo</i> with intraoral coil</li> </ul>

 Table 2
 MRI for the display of the dental pulp. Technical information is given in Supplementary Table 2.

CBCT, cone-beam CT; PCE, pulpal contrast enhancement; SNR, signal-to-noise-ratio.

The comparison of CBCT and MRI for virtual implant planning was performed without the actual guided implant placement.<sup>61</sup> A further recent study confirmed a high interrater agreement for MRI-based implant planning and high agreement for MRI and CBCT for this indication.<sup>62</sup> Imaging protocols featured an isotropic image resolution of 0.5 mm<sup>3</sup> without the application of contrast agent, useful for software-based planning and individual inspection of implant sites.<sup>60</sup> The deviations between planned and realised implant position based on MRI were comparable to the protocol based on CBCT.<sup>59</sup> Results for dental implant planning based on MRI are shown in Table 8. Figure 3presents an example for dental implant planning in region 14 with the display of the prospective implant in transversal, sagittal, axial and panoramic reconstructions.

# Discussion

MRI is vastly used to display the dentoalveolar process across various indications and specialties in dentistry. In orthodontics and dentofacial orthopedics, specific MR surface coils may be used for cephalometry prior to and after orthodontic treatment and is not useful during treatment with fixed appliances.<sup>19,26</sup> A large image volume including facial bones and the soft tissue profile is acquired within 5–7 min using specific surface coils for the facial skull.<sup>20-23</sup> High reliability of landmark measurements on MRI in different head positions, high intra- and interrater reliability, and equivalence of MRI and CBCT for cephalometry were reported with different protocols.<sup>20-23</sup> When lower image resolution (larger voxel sizes) was reported, the identification of landmarks was inferior to CBCT.<sup>19,24-26</sup> Landmarks on the anterior teeth may not be visible when the lips are not in contact during imaging; however, none of the articles elaborated on this detail. The radiologist should be trained in interpreting MRI to perform accurate landmark definition.<sup>24</sup> The routine use of MRI for cephalometry is limited by the availability of MRI systems, specific hardware and imaging protocols, and trained radiologists for these findings.

In endodontics, a small image volume of one to three teeth, including the periapical area and a high image resolution showing the delicate and ramified anatomy of the pulp are required. Specific intraoral coils enable a high image resolution of around 0.3 mm<sup>3</sup> for two to three teeth and might be particularly interesting for endodontic indications; however, they have not been used in this specific field.<sup>63,64</sup> Studies published until 2007 have two major constraints. Image resolution was low (<1.0 mm<sup>3</sup>), and a contrast agent was used to observe signal intensity in the dental pulp.<sup>65,66</sup>

*In vivo* studies focused on the age-related perfusion and the detection of pulp vitality and reperfusion after tooth replantation and transplantation, respectively.<sup>30,65,66</sup> High signal intensity was correlated with a perfused, vital pulp and no signal with pulp necrosis. As a differential diagnosis, a hyperintense signal indicates an inflammation. Recently, one article on the characterisation of pulp signal in MRI in the presence of caries lesions was published.<sup>31</sup>

In summary, the degree of perfusion of the dental pulp correlates with the signal in MRI.<sup>65,66</sup> Physiological

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Fable 3	Studies on the use of	MRI for the display of	the periapical region.	Technical information	is given in Supplementary	Table 3
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Authors	Study designlsubjects	Research question	Findings
Geibel et al. 2015 <sup>37</sup>	19 participants (43 +- 13 y), 34 teeth	Applicability of MRI for the • assessment of periapical lesions and individual comparison of • MRI and CBCT findings •	Overestimation of dimension of lesions with MRI compared to CBCT; More detailed characterisation of lesions with MRI; $T_2$ weighted sequences showed heterogeneity of periapical pathologies
Geibel et al. 2017 <sup>38</sup>	13 participants (41 +- 27 y), 15 teeth	Assessment of periapical • lesions and characterisation of lesions with MRI using different contrast weightings; correlation with histopathology	$T_1$ weighted images for identification of lesions; $T_2$ weighted images for further characterisation of lesions; Differential diagnosis of periapical lesions possible by assessing homogeneity/heterogeneity of signal, signal inside the lesion compared to surrounding tissue; Differences in signal intensity between $T_1$ - and $T_2$ weighted images
Juerchott et al. 2018 <sup>39</sup>	11 participants (mean 39.5 y, range 21–60 y), 11 teeth	Assessment and • characterisation of periapical • lesions with MRI using • different contrast weightings and contrast agent, correlation • with histopathology •	All lesions were detected with MRI, High reproducibility of lesion measurements in MRI; No predictable differentiation of lesions with non-contrast- enhanced $T_1$ weighted images, Differentiation of peripheral rim, lesion centre and surrounding tissue with contrast-enhanced $T_1$ - and $T_2$ weighted sequence; MRI characteristics in accordance with result of histopathological analysis
Lizio et al. 2018 <sup>36</sup>	34 patients	Diagnostic reliability and • accuracy of MRI for periapical lesions, correlation with histopathology •	Endosseous lesions clearly visible in T1, T2 and contrast- enhanced T1 images, Two diagnostic patterns established related to signal intensity, signal heterogeneity, margins, low-intensity outline and contrast agent distribution; High interrater reliability for histopathological diagnosis of periapical lesions; Specificity: 0.50 and 0.63, respectively, and sensitivity: 0.94
Pigg et al. 2014 <sup>40</sup>	20 patients (mean 52, range 34–65 y)	Assessment of signal changes in• MRI in patients with atypical odontalgia and correlation of • MRI and CBCT	MRI and radiographic imaging coincided with a finding in 75% of patients with atypical odontalgia and chronic pain; 3D CISS redundant for periapical diagnosis without radiological correlate displayed findings in MRI, 40% of patients with odontalgia had changes in region in MRI
Cassetta et al. 2012 <sup>35</sup>	10 patients (mean age: 38.8 y, range 21–63 y)	Assessment of MRI for • intraosseous pathological findings, characterisation of MRI findings and correlation • to histopathology	Odontogenic cysts appeared with homogenous high and intermediate signal intensity in water and fat $T_2$ weighted images, respectively, Contrast agent administration resulted in thin rim enhancement in $T_1$ weighted images

CBCT, cone beam CT; 3D CISS, three-dimensional constructive interference in steady state.

perfusion shows MR signal enhancement after administration of contrast agent.<sup>63</sup> The signal enhancement correlates with the perfusion level; however, the interpretation is difficult due to missing reference data. Further *in vivo* studies are therefore required for image characterisation of an inflammation.

Periapical lesions include granuloma, radicular cysts, or other tumorous processes. Whereas granuloma may completely recede after root canal treatment, cysts or tumours must be surgically resected. Periapical lesions are diagnosed with good diagnostic accuracy using panoramic or intraoral radiographs when the demineralisation is extended in cancellous bone or has reached the buccal and oral cortical bone plate.<sup>67,68</sup> At an earlier

stage, periapical lesions might be present; however, not accessible to routine radiographic imaging. As an alternative to two-dimensional radiography, CBCT may be used for a three-dimensional assessment of periapical demineralisation. The character of the tissue or lesion substituting for bone, may not be identified with CBCT unless it contains mineralised parts that are displayed radiographically. Furthermore, due to cost and radiation exposure, CBCT is not routinely performed to detect a periapical focus.

MRI allows for a more detailed characterisation of periapical lesions.<sup>37,38</sup> For differentiation of a granuloma and radicular cysts, either contrast-enhanced  $T_1$ - or  $T_2$  weighted images have been advocated.<sup>39</sup> Several authors

Table 4 Studies on the use of MRI for the display of caries lesions. Technical information is given in Supplementary Table 4.

Authors	Study designlsubjects	Research question	Findings
Bracher et al. 2013 <sup>41</sup>	40 participants (161 lesions)	Is UTE MRI clinically applicable for the identification of caries lesions?	<ul> <li>14 teeth with local image artefacts not evaluated;</li> <li>UTE MRI applicable for caries detection with similar sensitivity than X-ray,</li> <li>UTE MRI more sensitive than TSE for caries detection</li> </ul>

TSE, turbo spin echo; UTE, ultrashort echo-time.

Authors	Study designlsubjects	Research question	Findings
Ruetters et al. 2018 <sup>42</sup>	5 patients (21 teeth)	Agreement of measurements of the periodontal bone support in periapical radiographs and MRI	High intra- and interrater agreement for measurements in radiographs and MRI; Strong correlation for both imaging methods; Clinical measurements may not be transferred to MRI, as cemento-enamel-junction is not visible on MRI
Juerchott et al. 2020 <sup>43</sup>	22 patients	Comparison of CBCT and MRI for • the assessment of periodontal bone support in molar teeth (furcation • involvement)	Excellent intra- and interrater agreement for MRI for the assessment of furcation involvement; High levels of agreement for MRI and CBCT
Hilgenfeld et al. 2018 <sup>44</sup>	5 volunteers	Reliability of MRI measurements of • the thickness of the palatal mucosa	Assessment of palatal mucosa thickness and location of greater palatal artery highly reliable with MRI (mean intraobserver ICC 0.989, mean interobserver ICC 0.987)
Probst et al. 2021 <sup>45</sup>	42 patients (28–79 y, mean 56 ± 14.6), 34 healthy control (21–32 y, mean 23 ± 1.9)	Correlation of MRI findings and clinical findings in patients with generalised periodontitis	Bleeding on probing in at sites with probing depths ≤ 3mm increases the risk of bone edema Size of osseous oedema at sites with healthy pocket depths (<3mm) and pathological conditions (>3mm) was highly significantly different

Table 5 MRI for indications in periodontics. Technical information is given in Supplementary Table 5.

CBCT, cone-beam CT; ICC, intraclass correlation coefficient.

could verify diagnoses in MR images with histopathological analysis and reported the high correlation of findings.<sup>35,36,38,39</sup>

Caries is diagnosed clinically and radiographically using the periapical radiograph or bitewing technique. Clinical diagnosis may not deliver information on the full extent of a carious lesion. Imaging of caries requires a high image resolution in a relatively small image volume. Bitewing or periapical radiographs are prone to overlaying structures; however, they deliver a high image resolution. MRI could complement routine radiographic imaging due to its property to account for inflammatory processes. An inflammation of the pulp in correlation to a carious lesion could be demonstrated. A high image resolution was only fulfiled in one study using a self-built intraoral coil that is not commercially available.<sup>69</sup> The costly hardware requirements for MRI and the lack of a proven and applicable protocol to display caries restrict its use in this indication.

The marginal bone level and its pathological recession are observed for the diagnosis of periodontal diseases. Findings are mainly collected clinically; however, panoramic radiographs substantiate the diagnosis. In specific cases of attachment loss, CBCT may be used to display defect configuration.<sup>70</sup> A large acquisition

 Table 6
 MRI for the display of impacted teeth. Technical information is given in Supplementary Table 6.

Authors	Study designlsubjects	Research question	Findings
Tymofiyeva et al. 2013 <sup>46</sup>	16 patients; mean age 10.8 y, range 8–15 y	Feasibility of imaging • impacted teeth in children with MRI •	Impacted teeth, tooth germs and malformed or supernumerary teeth were displayed; No comparison or control of accuracy of display
Tymofiyeva et al. 2009 <sup>47</sup>	59 patients	Assessment of position and • angulation of impacted teeth in children and adults with MRI •	Position of impacted teeth and identification of adjacent anatomical structures was possible, In one patient impacted canine could not be assessed due to image artefacts originating from orthodontic apparatus
Kirnbauer et al. 2018 <sup>48</sup>	28 patients	Assessment of the position of third molars and expected surgical complexity of their removal in PAN and MRI	Agreement for estimated surgical complexity on PAN and MRI in 73–77% of the cases, Several anatomical structures not visible on PAN that were displayed in MRI
De Tobel et al. 2019 <sup>49</sup>	11 volunteers	Comparison of multiple MRI • protocols for the assessment of apical closure of third molars •	Insufficient contrast between dental hard tissue and pulp (3D CISS); Image resolution of $0.33 \times 0.33$ mm <sup>2</sup> necessary to assess apical closure of third molars
Kindler et al. 2018 <sup>50</sup>	1915 volunteers	Correlation of eruption status • of third molars assessed using MRI and clinical measurement • of periodontal apparatus of second molars •	Maxilla: lowest probing depths in the presence of impacted third molar; Mandible: highest probing depths in the presence of impacted third molars; Large slice thickness did not allow to distinguish between soft tissue and bone impaction

3D CISS, three-dimensional constructive interference in steady state.

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Table 7	MRI to display the course	of the inferior alveolar nerve.	Technical informa	tion is given	in Supplementar	y Table 7.
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Authors	Study designlsubjects	Research questions	Findings
Chau et al. 2012 <sup>51</sup>	11 participants	Comparison of the detection of the IAN by different examiners on CBCT and MRI	<ul> <li>Higher detectability of IAN in MRI compared to CBCT;</li> <li>difficulty to differentiate IAN from surrounding bone marrow in ramus region;</li> <li>interobserver reliability for MRI high despite of inexperience of examiners</li> </ul>
Kreutner et al. 2017 <sup>52</sup>	7 participants	Comparison of two MRI protocols for the accuracy and reproducibility of the detection of the IAN by different examiners; accuracy of segmentation of IAN	<ul> <li>1 examination out of 14 discarded due to motion artefact;</li> <li>TSE and VIBE sequences yield comparable results for IAN segmentation,</li> <li>high intra- and interobserver agreement,</li> <li>deviations between segmentations in the order of interpolated voxel size (0.25 mm<sup>3</sup>)</li> </ul>
Probst et al. 2017 <sup>53</sup>	7 participants	Assessment of artefact size in MRI using different sequences and display of IAN	<ul> <li>Inferior alveolar nerve detectable with most of the presented protocols</li> <li>VAT and SEMAC were eligible for artefact reduction</li> </ul>
Deepho et al. 2017 <sup>55</sup>	49 patients	Comparison of detection of IAN in fusion images MRI/CT and CT images as assessed by different examiners	<ul> <li>High inter- and intrarater agreement for identification of IAN in MRI and CT;</li> <li>3D VIBE images displayed almost all structures of the mandible; despite alveolar crest and interalveolar bone</li> <li>fusion of 3D VIBE MRI and CT improves detectability of IAN</li> </ul>
Beck et al. 2021 <sup>57</sup>	53 patients	Comparison of detection of IAN and third molars in MRI and CT/CBCT by different examiners	<ul> <li>IAN, teeth, cortical bone, pulp chamber, periodontal ligament, arterial rami, dental follicles were displayed with MRI;</li> <li>good interrater agreement for the course of IAN (interrater κ = 0.74, intrarater: κ = 0.74)</li> </ul>
Al/Haj Husain et al. 2021 <sup>56</sup>	19 patients (30.5 ± 13 y)	Evaluation of intraosseus position of IAN using MRI (3D-DESS)	• Highest localisation probability of IAN in central segments of the mandible within the osseus canal compared to the lateral segments of IAC

CBCT, cone-beam CT; 3D VIBE, three-dimensional volumetric interpolated breath-hold examination; IAC, internal auditory canal; IAN, inferior alveolar nerve; SEMAC, slice-encoding for metal artefact correction.

volume covering the maxilla and mandible is useful for image diagnosis. Not only anatomical structures but also the inflammatory status of the tissue is regarded. MRI could, therefore, be a valuable tool for the diagnosis of periodontal disease.

The visibility of periodontal structures and their dimensionally accurate delineation has been shown in cadaver porcine mandibles.<sup>67</sup> Clinical studies have shown that inflammatory periodontal disease might be detected using a contrast agent, and measurements of periodontal defects may be performed in MRI.<sup>42,43</sup> The comparability of clinical measurements and tomographic imaging, MRI and CBCT, is lacking, as the cemento-enamel-junction as a clinical landmark for measurement of attachment loss is not shown with MRI.<sup>42</sup>

To display impacted teeth, the inferior alveolar nerve, and allow for dental implant planning, the coverage of a large image volume, including the complete maxilla and mandible, is required. For surgical planning, multiplanar reconstruction centering on the region of interest is commonly used and requires an isotropic image resolution.

The patient group for indications in oral surgery includes all ages; however, dental restorations causing image artefacts are more prevalent in patients intended for dental implant therapy and may impair the accurate transfer of planning to the surgical site.<sup>71</sup> Depiction of the inferior alveolar nerve in case of iatrogenic injury often includes artefact-causing foreign materials such as dental implants. Imaging of impacted teeth may as well be impaired by dental restorations or orthodontic braces in younger age groups.

Impacted teeth are imaged pre-operatively to identify their location and neighbouring anatomical structures. Three-dimensional imaging is advised in cases of impaction and proximity to relevant anatomical structures, *e.g.* vessels, nerves, and neighbouring periodontal ligaments



Figure 2 Display of inferior alveolar nerve (white arrows) with Rami dentales (white triangles) in region 36.

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Authors	Study designlsubjects	<b>Research</b> question	Findings
Flügge et al. 2020 <sup>58</sup>	5 patients	Feasibility of dental implant • planning using CAD/CAM processes based on MRI	MRI and optical surface scans for virtual implant planning and production of drill guides, - no post-operative control of implant positions
Hilgenfeld et al. 202062	30 patients	Accuracy and reliability of dental• implant planning based on MRI,• comparison to dental implant • planning based on CBCT	Excellent interrater agreement for implant planning in MRI, excellent intermodality agreement for MRI and CBCT, adequate prediction of implant type, length and diameter, in pre-operative MRI, mean deviations between MRI planning and actual implant position were $1.1 \pm 0.7$ mm at implant shoulder, $1.3 \pm 0.7$ mm at implant apex and $2.4 \pm 1.5^{\circ}$ angular deviation, respectively
Probst et al. 2020 <sup>59</sup>	12 patients	Feasibility of dental implant (1 planning using CAD/CAM processes based on MRI, comparison of planned and actual implant positions	) Mean deviation between planned and actual implant position were 0.8 $\pm$ 0.3 mm at implant shoulder, 1.2 $\pm$ 0.6 mm at implant apex and 4.9 $\pm$ 3.6° angular deviation, respectively
Schwindling et al. 2021 <sup>60</sup>	27 patients, 41 implants	Accuracy of PIGS based on MRI•	Accuracy slightly lower than reported for CBCT based guided surgery mean deviation between planned and actual implant position: $1.7 \pm 0.9$ mm entry point, $2.3 \pm 1.1$ mm apex, $7.1 \pm 4.8^{\circ}$ axis mean deviation between planned and actual implant position in CBCT: $1.9 \pm 1.7$ mm entry point, $2.5 \pm 1.5$ mm apex, $6.8 \pm 3.8^{\circ}$ axis
Grandoch et al. 2021 <sup>61</sup>	16 patients, 22 implants	Comparison of MRI and CBCT-• based dental implant planning	CBCT-based planning received "ideal" rating in all cases, for 3D HR T1w TSE "ideal" rating was achieved for 81.9% of cases and 'improvable' rating for 18.1% for 3D HR T1w FFE 'ideal' 54.2% 'improvable' 30.0% 'not acceptable' 15.3% differences between implant positions in CBCT and MRI: apical position $1.2 \pm 0.7$ mm and $1.3 \pm 0.5$ mm coronally, 3.0 $\pm 1.2$ degrees. distance to the mandibular canal significantly higher with MRI: $1.3 \pm 0.8$ mm

 Table 8
 MRI for dental implant planning. Technical information is given in Supplementary Table 8.

CBCT, cone-beam CT; PIGS, partially guided dental implant surgery.

around dental roots, especially the intraosseous course of the inferior alveolar nerve. MRI was considered suitable for the visualisation of impacted third molars. To date, there is no study comparing CBCT as the clinical standard for pre-operative tomographic imaging with MRI.  $^{46-48,56}$ 



**Figure 3** Dental implant planning based on MRI with transversal, tangential and axial cross-sections, panoramic reconstruction, and 3D rendering. Note the missing dental surfaces in the 3D image based on grey values that are reversed in comparison to CBCT. 3D, three-dimensional; CBCT, cone-beam CT.

Several studies suggest that MRI might be more adequate for imaging the inferior alveolar nerve compared to CBCT of the mandibular canal.<sup>51,53,55,57</sup> The intraosseous nerve course is diagnosed preoperatively in surgical procedures of the mandible and post-operatively if complications and paresthesia have occurred.<sup>54</sup> Radiographic imaging cannot depict the nerve, only indirectly in cases of intraosseous course, *e.g.* the mandibular canal. In case of its indistinct delineation in radiographic images, MRI may serve as an alternative as it directly depicts nerve and accompanying vessels.

Diagnostic imaging for dental implant planning is performed to assess bone dimensions in the planned implant region. Dental implant planning is performed virtually using dedicated software. Therefore, image resolution and format should regard the use of dental implant planning software. The first report of MRI for dental implant planning was already in the 1990s.<sup>72</sup> Until 2010, MRI for dental implant planning featured low resolution and long acquisition time, and images were viewed but not used with dental implant planning software.<sup>72-74</sup>

The available reports performed dental implant planning with MRI and compared it to the clinical standard of CBCT<sup>58-62</sup> (Table 4). One clinical study reported the implant position's accuracy.<sup>59</sup> Systematic clinical studies on the use of MRI for dental implant planning and the accuracy of its transfer using guided implant surgery are not yet available.

# Conclusions

In summary, MRI is applicable to a broad spectrum of indications in dentomaxillofacial imaging as an alternative to conventional radiography. Using specific surface coils for dental imaging or otherwise designed surface coils has helped achieve high image resolution within

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acceptable acquisition times. The image resolution of MRI is comparable with CBCT for in-plane resolution. However, for an isotropic image resolution, 0.4 mm<sup>3</sup> is currently the threshold value.

Shorter acquisition times and specific hardware for dental imaging have furthermore helped to reduce the occurrence of motion artefacts and enabled the use of MRI in clinical practice.

The future of dental MRI in clinical application is challenged by its limited availability and high cost. Therefore, technical developments for short scanning times using simple and inexpensive equipment that sustain the demands for dental imaging are required.

# Key points

MRI is used for imaging in dentistry for various indications.

Specific hardware and imaging protocols are used for MR imaging of the dentomaxillofacial region to achieve optimal image quality.

Significant limitations of dental MRI are image artefacts caused by dental restorations and the restricted availability of MRI systems.

#### Authors' contributions

TF and KN analyzed data and designed the manuscript. TF, CG, UL, JH, SN, MH, and KN contributed to the writing, reviewing, and editing of the manuscript. All authors read and approved the final manuscript.

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